Individual Sheets: Howes , Lucy (3010) RLSS Uk Preformace



The competitor has entered a total of 9 races

Entry

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Event No.	Event	Heat	Lane	Leg	Type	Time	min	sec	100th
3	Senior Girl - 50m Obstacle Swim	3	4		SF	00:31.0			
9	Merged Open (Scored Separte) - 4x25m Obstacle Relay	1	3	3(ic Blyth(SF	00:00.1			
12	Senior Girl - 50m Manikin Tow with Fins	3	4		SF	00:32.0			
18	Senior Girl - 50m Manikin Carry with Fins	3	4		SF	00:30.0			
23	Merged Senior (Scored Separte) - 4x12.5m Manikin Carry Relay	1	3	1	SF	00:52.0			
24	Merged Open (Scored Separte) - 4x12.5m Manikin Carry Relay	1	4	3(ic Blyth(SF	00:49.4			
25	Female - 100m Super Lifesaver	4	3		SF	01:28.0			
29	Senior Girl - 25m Manikin Carry	3	4		SF	00:20.0			
35	Merged Open (Scored Separte) - 4x25m Medley Relay	1	4	2(ic Blyth(SF	00:56.7			